

# Economic Self Sufficiency

## Human Services Agency



Navjeet Singh  
Director of Economic Self Sufficiency

# What we do

## Public Benefits Programs

- Health Care Coverage
- Food Assistance
- Temporary Financial Assistance
- 5 regional locations
  - Daly City
  - South San Francisco
  - Belmont
  - Redwood City
  - East Palo Alto





## Residents being served

99,465 Households –

174,140 Individuals

- 71,281 Children
- 61,850 Over 50

= One (1) of every 4 residents

# Health Care Coverage

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## Medi-Cal

- 92,522 Households – 166,306 Individuals
  - Largest Program



# Health Care Coverage



## Medi-Cal

- What is it? What is covered?
- How does one apply for it?
  - Who is eligible?

Household Size	138% FPL Adult group	213% FPL Pregnant
1	1677	2588
2	2269	3502
3	2860	4414
4	3450	5325
5	4043	6239
6	4633	7151



# Health Care Coverage

## ACA (Affordable Health Care Act)

- County/State Partnership

Household Size	400% FPL APTC
1	4860
2	6576
3	8288
4	10000
5	11716
6	13428



# Food Assistance

## CalFresh

\*Formerly known as Food Stamps

\*Also known as SNAP

(supplemental nutrition assistance program)

- 18,901 Households – 31,274 Individuals



# Food Assistance

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## CalFresh

- How to apply
- Who is eligible?
- Myths

Household Size	Max Gross Income	Max Monthly Benefit
1	2266	281
2	3052	516
3	3840	740
4	4626	939
5	5412	1116
6	6200	1339

# Food Assistance

## CalFresh

- How does it work?





# Temporary Financial Assistance

## CalWORKs

(California Work Opportunities and Responsibility to Kids)

- 651 Households, 1,457 Individuals

Household Size	Max Gross Income
1	862
2	1415
3	1753
4	2080
5	2373
6	2670



# Temporary Financial Assistance

## General Assistance

- 259 Individuals

Household Size	Max Gross Income
1	707



# Temporary Financial Assistance

## CAPI (Cash Assistance Program for Immigrants)

- 259 Individuals

Household Size	Max Gross Income
1	1133.73

# Foster Care & Adoptions

## Programs & Caseloads

Approximation averages, per month.

- Foster Care: 76
- Kinship/Legal Guardianship: 40
- Non-Minor Dependent: 42
- Adoptions: 388
- Former Foster Youth: 99



# Human Services Agency

Medi-Cal - CalFresh - CalWORKs - General Assistance - CAPI



Call us

1-800-223-8383



Visit our website

CoveredCA.com

or

BenefitsCal.com



Fax

650-620-9732

A printable application is available online  
<https://www.smcgov.org/hsa/apply-medi-cal>



Visit us in-Person

\*Open Monday - Friday  
9am-12am & 1pm-5pm

Office locations:

- 400 Harbor Blvd, Bldg B, Belmont
- 2500 Middlefield Rd, Redwood City
- 271 92nd ST. Daly City
- 2415 University Ave #3, East Palo Alto

COUNTY OF SAN MATEO



# Economic Self Sufficiency

Human Services Agency

## Questions?

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