COUNTY OF **SAN MATEO** HUMAN SERVICES AGENCY

	CALFRESH FACTS
What is	CalFresh (Food Stamps) provides monthly food benefits for individuals and families with low-
CalFresh?	income.
	Generally, recipients must have gross income below 200% Federal Poverty Level (FPL) and
	net income below 100% FPL.
	 Income limits and benefit levels are based on household size.
How are	CalFresh benefits are issued monthly to eligible households via an Electronic Benefit Transfer
CalFresh	(EBT) card. An EBT card works similarly to a debit card.
benefits issued?	
Where can	EBT cardholders can use CalFresh benefits at many grocery chain stores and neighborhood stores
CalFresh	in San Mateo County as well as in most Farmers' Markets. Customers swipe their EBT card like a
benefits be used?	debit card on devices called point-of-sale terminals. In addition, certain retailers allow for online EBT purchases.
useur	EBT purchases.
What items can	Households can use CalFresh benefits to buy food to eat, such as:
be purchased	Fruits and vegetables
with CalFresh?	Breads and cereals
	Beans and other legumes
	Meat, fish, and poultry
	Milk and other dairy products
	Households can also use CalFresh benefits to buy seeds and plants, which produce food to eat.
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What items	Households CANNOT use CalFresh to buy:
cannot be	Any nonfood items, such as:
purchased with	• Pet food
CalFresh?	 o Toilet paper
	Tobacco and alcohol
	 Vitamins and medications Hot prepared meals or food that will be eaten in store
	• The prepared means of food that will be eater in store
Who can benefit	An individual, a family, or a group of people that live, buy, and prepare their food together and who:
from CalFresh?	Meet the income limits,
	 Meet the income infins, Are residents of San Mateo County, and
	 At least one individual meets citizenship requirement such as:
	 Legal Permanent Resident
	 Naturalized Citizen
	• U.S. Citizen
I am not a U.S.	You may be eligible if you are a <i>qualified</i> immigrant. This includes lawful permanent residents
Citizen. Am I	(those who hold a "green card"), those with refugee or asylum status, conditional entrants, people
eligible for CalFresh?	granted withholding of deportation or removal, Cuban/Haitian entrants, and certain victims of domestic violence. Victims of human trafficking (applicants for and holders of a "T" visa, and
Gair (CSII)	applicants for and holders of a "U" visa) may also be eligible.
	• Your immigration status is only used to check whether you are eligible for CalFresh.
	Immigrants with sponsors may qualify for CalFresh, depending on sponsors income and
	resources.

 If you are not eligible, your children may still be eligible. You may apply for your children if the ywere born in the United States (U.S.) or have legal residency in the United States. You may still need to show proof of income to determine eligibility. Example 1: A married undocumented couple is applying for CalFresh with their 2 U.S. born children ages 5 and 7. Due to the couple having a non-qualified immigration status, only the 2 U.S. born children will be eligible to receive CalFresh benefits. The married couple is still responsible to comply with all program requiremants. Example 2: A Legal Permanent Resident (LPR) mother is applying for CalFresh with her LPR child aged 10. Both mother and child would be eligible for CalFresh if all program requiremants are met. Note: If individuals are sponsored, a family may be subject to add the income/resources of the sponsor(s) to determine the eligibility. Please contact your local Human Services Agency dfice for more information. What is Expedied Services (ES)? A household is eligible to receive CalFresh benefits within 3 calendar days if the household meets one of the following criteria: A household's eligible to receive CalFresh benefits within 3 calendar days if the household meets one of the following criteria: Household's monthly gross income as an afs150, and household has \$100 or less in liquid resources; grounds. Household's with migrant or seasonal farmworkers and have \$100 or less in liquid resources. Household's with migrant or seasonal farmworkers and have \$100 or less in liquid resources. Household's with migrant or seasonal farmworkers are taken into consideration. Monthly gross and net income limit, hoewer they must still meet the CalFresh Natinum A household is gross income is monthly income after spenses are taken into consideration. Monthly gross and net income limit, however they must still meet the CalFresh Natinum A household's		-				
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	 Utility expenses Dependent care expenses Medical expenses 	
Resources	 Resource limits vary according to household composition. Only certain households are required to meet the established resource limits. 	
	Households that Include at least one member that is elderly (age 60 or older) and/or disabled \$4,250	
	All other households \$2,750	
I'm in another program, can I get CalFresh?	If you are enrolled in one of the following programs, you may also qualify for CalFresh: Medi-Cal SSI/SSP CalWORKs Foster Care Cash Assistance Program for Immigrants (CAPI) Refugee Cash Assistance (RCA) Women, Infants, and Children (WIC)	
Verifications	 The county may ask you for verifications for any of the following: Identity Income Immigration status of any non-U.S. Citizen applying for benefits Residency Social security number Resources Shelter/utility expense Medical expense 	
Interview Ianguage	 Applicants may be interviewed in the following languages: English, Spanish, and others, inecessary. Also Available: Teletypewriter (TTY) Providing forms in alternate format such as large font. 	if
Your rights	When you apply for CalFresh, whether you are eligible or not, you have the right to be tre courtesy, consideration, and respect.	eated with
	The Human Services Agency will not discriminate against anyone because of race, color, origin, political affiliation, religion, age, sex, marital status, sexual orientation, or condition physical or mental disability.	
How to apply	You can apply for CalFresh by any of the following methods:	
	Apply Online at: <u>benefitscal.com</u>	
	Apply by Phone by calling the Service Center toll-free at 1 (800) 223-8383	
	Apply by Mail by mailing an application to:	
	Attn: CalFresh Application 400 Harbor Blvd. Bldg. B Belmont, CA 94002	

FAX	Apply by Fax by faxing an application to:
	(650) 654-8885
ĸ	Apply In-person at a Human Services Agency Office:
	Northern Region
	271 - 92nd Street
	Daly City, CA 94015
	(650) 301-8440
	Central Region
	400 Harbor Blvd. Bldg. B
	Belmont, CA 94002
	(650) 802-6470
	Southern Region
	2500 Middlefield Road
	Redwood City, CA 94063
	(650) 599-3811
	2415 University Avenue 3 rd Floor
	East Palo Alto, CA 94303
	(650) 363-4175
	Offices are open Monday – Friday, 8:00AM – 5:00PM
-18	Apply by calling Second Harvest of Silicon Valley at 1 (800) 984-3663

This Fact Sheet is not to be used as a substitute for federal/state CalFresh regulations.