



COUNTY OF SAN MATEO

COMMISSION ON THE STATUS OF WOMEN

Meeting Minutes

Tuesday, October 25, 2022, 6:30-8:30pm

1. Call to Order and Land Acknowledgement

2. Roll Call

- a. **Commissioners Present:** Nirmala Bandrapalli, Aileen Cassinetta, Sue Datta, Anya Drabkin, Cheryl Fama, Susan Kokores, Melissa Lukin, Anisha Weber, Cate Warden, Candra Williams (late, no vote)
Staff: Tanya Beat, Juda Tolmasoff
Absent: Ann Girard, Kelly Keele, Natalie Handel

3. Public Comment –

4. Action to Set Agenda and Approve Consent Agenda Items

Motion by Melissa Lukin. Seconded by Nirmala Bandrapalli. Approved.

CONSENT AGENDA

- 5. Adopt a resolution finding that, as a result of the continuing COVID-19 pandemic state of emergency, meeting in person would present imminent risks to the health or safety of attendees.**
6. Approval of September 2022 Minutes (action under Consent)

REGULAR AGENDA

7. Community Overcoming Relationship Abuse: Karen Ferguson, PhD, Executive Director

- Presentation attached to notes

8. Association of California Commissions for Women - Nirmala Bandrapalli

- [ACCW website](#)
- Purpose, goals, issues that local Commissions work on
- Two-year commitment, monthly meetings, third Tuesday of the month, 6-7pm
- Invitation to join ACCW: Potentially interested members: Anisha Weber, Susan Kokores

9. Mission Reflection – Advising the Board of Supervisors - Tanya Beat

- The County could come to us asking for our recommendation
- We could support California legislation, study & report to the BOS
- Affirm & Support BOS successes
- Share gaps that need addressed or offer creative support/options

WELLNESS BREAK

10. Sub-Committee Progress Report & Presentation: Mental Health Cheryl Fama & Sue Datta

- Presentation attached to meeting materials, Oct 2022

- Presentation includes Goals, accomplishments
- Presentation includes future 3 goal ideas with ideas for projects

11. REPORTS:

- Youth Commission: overview of where sub-committees are at which is mainly presenting ideas for projects.
- CSW Director’s Report: please refer to report in meeting materials
 - i. Announcement from County Executive Officer regarding Brown Act and lifting of State of Emergency in February. Starting March 1, 2023, Boards and Commissions will be meeting in person.

12. Introduction of Goals & Processes of Sub-Committee (cancelled)

13. Commissioner Announcements:

- Will provide a future DVC report out (next DVC meeting is Jan 12)
- North County Chapter of the ACLU is looking for more participants. They started a Youth Advisory Cmte so they are recruiting youth.
- Center of Independence of Individuals with Disabilities is looking to hire an Executive Director.
- San Mateo High School District: please come to our Board meetings. We are doing great things!
- Samaritan House opened a new satellite in Burlingame. Please go and check them out and their services.

14. Adjournment

The **Commission on the Status of Women Group agree** to arrive on time/start on time; take turns speaking; speak loud enough for everyone to hear; be courteous of other opinions; listen to hear a different perspective than your own; mute phones; allow the chair to guide the process; Chair will check in about remaining time at 8:15 PM. Public records that relate to any item on the open session agenda for a regular or special meeting of the Commission on the Status of Women are available for public inspection. Those records that are distributed less than 72 hours prior to the meeting are available for public inspection at the same time they are distributed to members of the Commission. Those public records are available online and for public inspection at the Human Resources Department located at 455 County Center, 5th floor, Redwood City, CA 94063 by appointment. The public records may also be transmitted electronically by emailing tbeat@smcgov.org or calling 650-363-4467. **IN COMPLIANCE WITH THE CALIFORNIA GOVERNMENT CODE AND THE AMERICANS WITH DISABILITIES ACT**, auxiliary aids and services for this meeting will be provided upon request when given three days’ notice. Please call 650-363-4467 (voice) or email tbeat@smcgov.org to make such a request.

CORA

COMMUNITY OVERCOMING
RELATIONSHIP ABUSE

501(c)(3) charitable, nonprofit organization

CORA COMMUNITY OVERCOMING
RELATIONSHIP ABUSE

Transforming Lives

On average, nearly **20 people per minute** are physically abused by an intimate partner in the United States. During one year, this equates to more than **10 million** women and men.

- CDC.GOV

Nearly half of all women and men in the United States have experienced **psychological aggression** by an intimate partner in their lifetime (48.4% and 48.8%, respectively).

-The National Domestic Violence Hotline.org

1 in 4 women, 1 in 7 men and 1 in 2 transgender people will experience abuse in an intimate relationship.

CORA is the result of the 2003 merger between the Center for Violence Prevention and Sor Juana Ines Service for Abused Women.

CORA is the single provider of comprehensive intimate partner abuse crisis & prevention services in San Mateo County.

Annually, CORA receives over 12,000 requests for services

CORA provides safety, support and healing for individuals who experience abuse in an intimate relationship, and educates the community to break the cycle of domestic violence.

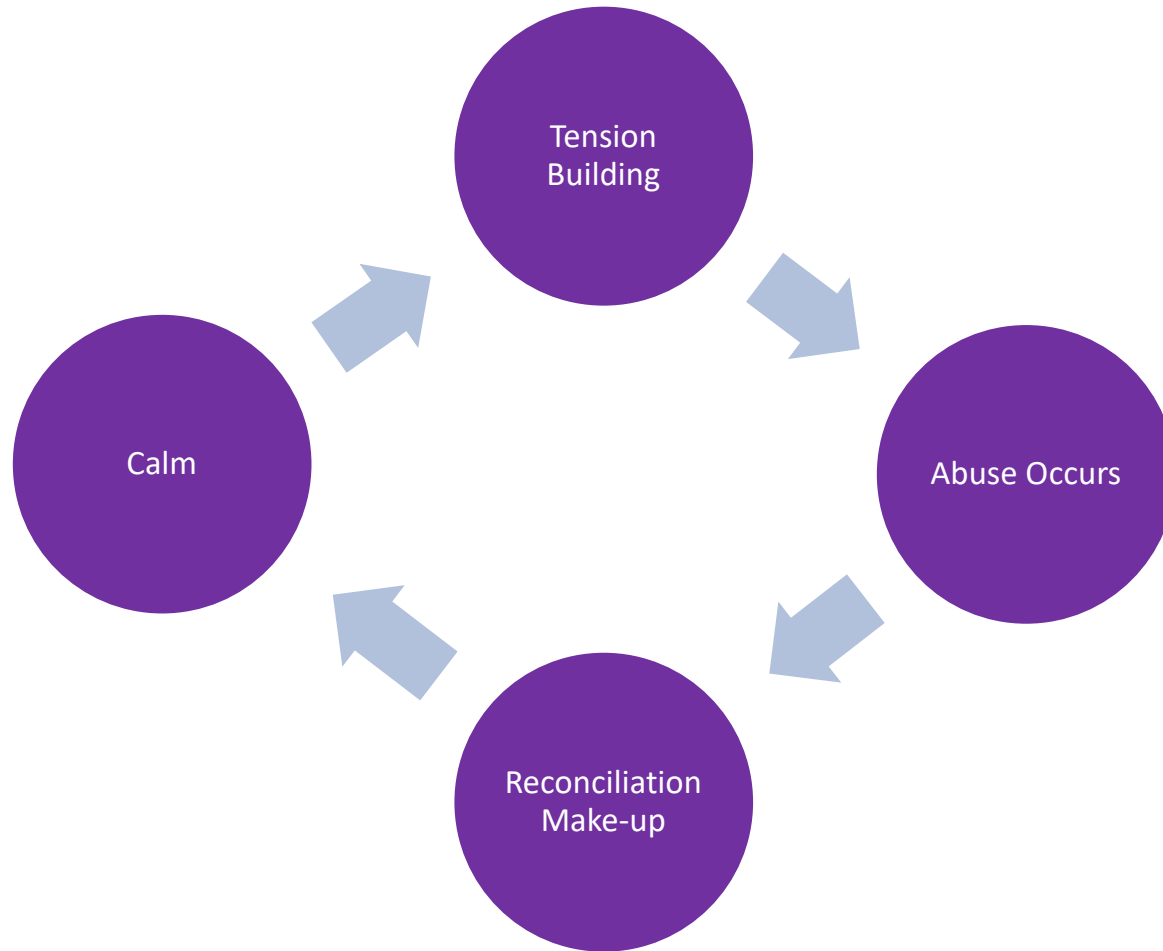


- **HOTLINE (Multi-Lingual)** - 8,500 Calls for assistance
- **EMERGENCY RESPONSE PROGRAM** – 3,500 Law Enforcement referred Households
- **HOUSING & ADVOCACY** – 90 children and adults provided Safe haven and 61 Households moved to housing. Hundreds of thousands of \$\$ in sec dep and rent provided
- **FAMILY CENTERED MENTAL HEALTH SERVICES** – almost 500 adults and children receiving therapy
- **LEGAL SERVICES** – over 2000 requests for legal assistance
- **COMMUNITY EDUCATION AND PREVENTION** – 1500 Adults and Teens

CORA PROGRAMS



CYCLE OF ABUSE



TYPES OF ABUSE

- Physical
- Verbal
- Emotional
- Psychological
- Sexual
- Economic
- Spiritual

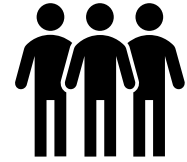
IPV STIGMATIZATION MODEL

- Individual Level
 - Stigma Internalization
 - Anticipated Stigma – what will others think?
- Cultural Stigma
 - Victims provoke their own victimization – dependent, unassertive, helpless
 - Passive voice – Victim of... End DV...
 - Trivializing of DV

**The Intimate Partner Violence Stigmatization Model and Barriers to Help-Seeking [Nicole M. Overstreet](#) and [Diane M. Quinn](#)

COMMUNITY EDUCATION

- SPEAK UP CAMPAIGN



PREVENTION

- TDAH (TO DO AT HOME)

HOW CAN COMMISSION SUPPORT THIS WORK?

Ways to help

- Individual Donations
- Gift Cards
- Corporate Sponsorship – AlyssaW@corasupport.org
- Volunteer – RebeccaR@corasupport.org
- Share information about CORA

Q & A

- www.corasupport.org
- Instagram and Twitter: EndtoDV

Karen A Ferguson, CEO
KarenF@corasupport.org