

MEDI-CAL AND THE AGE 26-49 ADULT EXPANSION OVERVIEW



SAN MATEO COUNTY HEALTH
HEALTH COVERAGE UNIT



A group of four diverse professionals (three women and one man) are gathered around a table in a bright, modern office setting. They are looking at a laptop screen, which is the central focus of their attention. The man on the left is leaning in, pointing at the screen. The woman in the center is also looking at the screen, while the woman on the right is holding a pen and looking towards the laptop. The background is softly blurred, showing office shelves and plants.

OUR TEAM

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MEDI-CAL

What is Medi-Cal?

The Medi-Cal Program is California's version of Medicaid. It is a public health insurance program funded by the State and Federal governments.

Medi-Cal offers free or low-cost health coverage for California residents, including families with children, seniors, and individuals with disabilities who meet eligibility requirements.





WHO CAN BE ELIGIBLE FOR MEDI-CAL?

- Individuals 65 yrs. or older
- Blind
- Disabled
- Adults with no children/dependents
- Pregnant individuals
- Citizens and non-citizens
- A parent or caretaker relative or a child under 21 years of age
- Children in foster care & former foster youth up to age 26

REQUIRED DOCUMENTS

IDENTIFICATION

- Driver's license, CA ID card, passport, birth certificate, or proof of immigration status.

CA RESIDENCY

- Rent receipt or utility bill statement.

HOUSEHOLD INCOME

- Pay stub, child support & alimony, copy of last year's fed. Income tax form that reflects the current income, or an affidavit (name, source, amount, frequency of pay, pay date, & signature of client), etc.

TAX FILING INFORMATION

- For anyone in the household who files taxes or is claimed as a dependent (You do not have to file taxes to qualify for Medi-Cal)

SOCIAL SECURITY NUMBERS

- For applicants who have them or who are eligible to have them.

REQUIREMENTS CONT.

HOUSEHOLD SIZE

Household size and composition is an individual- based determination.

Therefore, members of a household could have different household sizes within the same family.

The determination is based on the expected tax filing status for the year in which the application is filed

There are **three categories of individuals** used in determining the Household:

- Tax Filer (individual filing the tax return)
- Tax Dependent
- Non-Tax Filer (neither a tax filer nor claimed as a tax dependent) **NOTE:** A child is an individual under age 19 (or under age 21 if a full-time student)

IMMIGRATION STATUS

Applying for or using Medi-Cal will not affect an individual's immigration status.

The U.S. Department of Homeland Security and U.S. Citizenship and Immigration Services do NOT consider health, food, and housing services as part of the public charge determination.



AGE 26-49 ADULT EXPANSION

Since January 1, 2024, California law enables adults aged 26 through 49, regardless of immigration status, to get full-scope Medi-Cal. However, all other Medi-Cal eligibility rules, including income limits, still apply. This initiative, called the Ages 26 through 49 Adult Expansion, is similar to the Young Adult Expansion, which provides full-scope Medi-Cal to young adults aged 19 through 25, and the Older Adult Expansion, which offers full-scope Medi-Cal for adults aged 50 or older.

FULL SCOPE MEDI-CAL - PROVIDES THE FULL RANGE OF BENEFITS AVAILABLE TO MEDI-CAL BENEFICIARIES

Full Scope Benefits

- Alcohol and drug use treatment
- Dental care
- Emergency care
- Family planning
- Foot care
- Pregnancy related services

Full Scope Benefits

- Hearing aids
- Medical care
- Medicine
- Medical supplies
- Mental health care
- Emergency related services
- Long-term care

Full Scope Benefits

- Personal attendant care and other services that help people stay out of nursing homes.
- Referrals to specialists, if needed.
- Medical examines
- Transportation to doctor and dental visits and to get medicine at the pharmacy.
- Vision care (eyeglasses)

MANAGED CARE PLAN

San Mateo County is a County-Organized Health System (COHS) model. The Health Plan of San Mateo (HPSM) has been the only managed care provider for Medi-Cal; however, starting in 2024, Medi-Cal in San Mateo County will have two managed care plans (MCP): The Health Plan of San Mateo (HPSM) and Kaiser Permanente.

My Medi-Cal Choice Packets

Choice Packets Include:

- An enrollment choice form.
- A self-addressed stamped envelope to return the completed form,
- A Medi-Cal managed care plan enrollment choice booklet that provides plan information,
- Guidance on how to enroll in a Medi-Cal managed care plan or change plans,
- The Health Care Options presentation schedule,
- A summary list of Medi-Cal managed care plan benefits,
- Instructions and forms for the Medical Exemption Request/Waiver, and
- A Medi-Cal managed care plan provider directory for their county, if applicable.

HOW TO APPLY FOR MEDI-CAL

ONLINE

www.benefitscal.com

www.coveredca.com

PHONE

1 800-223-8383
Monday – Friday
8:00 AM- 5:00 PM

FAX

Fax application to
650-654-8885

IN-PERSON

(applicants have the right
to request a face-to-face
interview)

Visit any of our
regional offices to
apply in person.
Monday - Friday:
8:00 AM - 5:00 PM

Locations are in
Belmont, Redwood
City, Daly City and
East Palo Alto.

MAIL

Mail Medi-Cal
Application to:
Attn: Medi-Cal
Application 400
Harbor Blvd. Bldg B
Belmont, CA 94002

HOW TO APPLY FOR MEDI-CAL CONT.

ONLINE

www.benefitscal.com

www.coveredca.com

www.smchealth.org/insurance

SAN MATEO COUNTY HEALTH PHONE

650-616-2002

Monday-

Wednesday, Friday:

8:30 AM – 5:00 PM

**We close at 2:30*

PM on the 2nd

Thursday of each

month

FAX

Fax application to
650-654-8885

SAN MATEO COUNTY HEALTH IN-PERSON

Coastside Clinic: 225 S. Cabrillo Hwy 100A, Half Moon Bay *Open Mondays only*

Daly City Clinic: 380 90th St, Daly City

San Mateo Medical Center: 222 West 39th Ave, San Mateo 1st Fl, by business office

MAIL

Mail Medi-Cal Application to:

Attn: Medi-Cal Application 400 Harbor Blvd. Bldg B Belmont, CA 94002



THANK YOU

Questions &
Answers

