



COUNTY OF SAN MATEO LGBTQ COMMISSION

Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, Asexual plus (LGBTQIA+) Commission

Tuesday, April 16, 2024

6:30 PM – 8:30 PM

MEETING MINUTES

1. Call to Order, Land Acknowledgement, Group Agreements		Our <u>Group Agreements</u> include Share the air; step up, step back; Listen for understanding; Lift as you climb; Be present & engaged; Let the facilitator guide the process; Technology on silent.
2. Roll Call		<p>Present: Kevin Babeaux, Rebecca Carabez, Marilyn Hollinger, Dana Johnson, Bismay Mishra, Christopher Sturken, Craig Wiesner, Evaine Young, Valeria Chavez (Youth Commissioner)</p> <p><u>Non-Commissioners:</u> Tanya Beat, Linda Wolin, Frankie Sapp</p> <p><u>Members of the Public:</u> Vanessa Tapia (she/her) on Zoom</p> <p>Absent: Aaron Adriano, Krystle Cansino, Jana Rickerson, Joy Zou (Youth Commissioner), Ava Chan (Youth Commissioner)</p> <p>In accordance with SMC policy, Bismay Mishra has been exposed to a contagious illness and requests to participate by Zoom. Motion to allow Bismay Mishra to virtually participate by Marilyn Hollinger; seconded by Craig Wiesner. Approved.</p>
3. Public Comment		Vanessa Tapia introduction
4. Action to Set Agenda & approve Consent Agenda	<i>Action</i>	Dana Johnson motions to approve the agenda and consent agenda. Chris Sturken seconds. Approved.
5. Consent agenda	<i>Action</i>	
REGULAR AGENDA		
6. Leadership Council San Mateo County	<i>Present ation</i>	<p><i>Presentation by Margi Power, Kaarin Hardy</i></p> <p>Please see website for more information on their programs.</p> <p>Sharing about their programs and deadline to apply is May 1.</p>
7. CoastPride	<i>Present ation and Discussi on</i>	<p>Presentation by Program Manager Cameron Zeller. Current events posted on the CoastPride website.</p> <p>240416_SMC LGBTQ Commission.pptx</p> <p>Support for CoastPride: Youth Commission joined in on our support. Review of San Mateo County Legislative Process specific to statements. As individuals, each person can share their support of CoastPride and use your title as a commissioner (for identification purposes only). We will incorporate our support of CoastPride into the County's Pride Month Proclamation.</p>

		Suggestion by Chris: We can make a statement as individuals and take off Commission info; then send it to a city or organization or include it as a hardcopy when giving public comment. Then that group receives multiple letters which may receive more attention.
8. Pride Center Report	Update	<p><i>*Please refer to the meeting materials for more detailed content</i></p> <p>Provided by Frankie Sapp</p> <p><u>Highlights:</u> Pride Month! Lots of training for the community!</p> <p>Implicit Bias training in April</p> <p>Resource Roadmap training in May and June</p> <p>Trans 101</p> <p>SOGIE 101</p> <p>Offering to provide de-escalation training, counseling for staff; hate incidents are happening more around the county now. There is more security now at the Pride Celebration – the City of San Mateo will have law enforcement there, including CIT officers (Crisis Intervention Training).</p>
9. Pride Visibility	Update	<p>Provided by Kevin Babeaux - postpone the “year-round” visibility discussion to May.</p> <p>Current: Check-in about June flag and proclamation for cities</p> <p>Pride Events: South San Francisco; San Carlos; Pacifica, Half Moon Bay; the rest of the cities are doing the routine Proclamation and Flag-raising</p>
10. Pride Activities	Update	<p>Parade update provided by Chris Sturken. Tanya will provide a LGBTQIA+ Commission banner and will look into tshirts.</p> <p>Booth update provided by Kevin Babeaux. Theme – Let’s Get Visible; The goal is getting help for the Visibility Project from the public.</p> <p>County Proclamation: May 21 Board of Supervisors Meeting at 9am. You all are invited. Co-chairs will present</p> <p>County Flag-raising: June 3 at 9am at County Center. Will invite community members to speak.</p> <p>Swag: pins are visible; tshirts (Pink Spots has a variety of things)</p>
11. REPORTS		<p>Director update: SOGIE training will be scheduled for August; Co-chair Elections are in June (must be self-nominated); will schedule presentations for the rest of the meetings in 2024; Call out to the group to organize Drag Bingo.</p> <p>Youth Commission update: Read Alouds are going well; Youth Commission application is open; Civic Engagement event at Redwood City Library went well;</p> <p>Pride Initiative: Fortunate to receive a big sponsorship; Pride Celebration overview including booths and vendors.</p>
12. Announcements		
13. Adjournment		



[San Mateo County Pride Center \(click for website\)](#)

May 2024 Updates

- May 2024 Pride Center newsletter - <https://tinyurl.com/smcpnewslettermay2024>

If you would like to receive the monthly Pride Center newsletters that include events and special programming, please sign up [here!](#)

Pride Center Hours of Operation:

Come visit us! In addition to information, services, and events, we have a **public computer lab, an LGBTQ+ lending library, a food pantry, and a selection of clothes and gender affirming garments.** We are here for YOU.

- Tuesday - Thursday, **11:30 am – 6:30 pm**, except Tuesdays between 1 pm - 3 pm will be closed for our team meetings.
- For anyone who needs to drop by the center outside of these hours, **please connect with us directly** as we strive our best to remain accessible to our community.
 - Our programs and services will remain virtual all 5 days/week 11 am - 7 pm or as scheduled with your clinician.
 - The Pride Center is located at 1021 S. El Camino Real San Mateo, 94402. Our building is located at 11th and El Camino.
 - For accessibility information about the Pride Center, please click this link: <https://sanmateopride.org/accessibility/>

Openings for Mental Health Services at the Pride Center

- We have therapy openings for self-pay clients. Sliding scale is available (with income verification). Services are available hybrid, onsite or exclusively virtual.
 - The Pride Center provides both therapy and case management services. For therapy services we accept self-pay clients (sliding scale

is available with income verification) and clients using Medi-Cal insurance.

- Case management services are provided free of charge.
- Outlet is currently accepting new LGBTQIA+ youth clients ages 10 to 25
 - Services are available to clients located in California. Priority is given to LGBTQ+ community members based in San Mateo County. If you are interested in receiving mental health services, please fill out our online Clinical Services Request Form at <https://sanmateopride.org/mental-health-services-2>
 - Outlet also has clinical openings, for more information, please contact Brett at brett@acs-teens.org

Preparing for Pride

If you, your organization, business, group, school, etc. is interested in having the Pride Center collaborate or participate in your programming in any capacity during Pride Month, *you can still submit a request*. All requests will be considered on a case-by-case basis.

Examples of requests that you can submit include, but are not limited to:

- **Tabling** at your resource fair or event
- Co-hosting/ partnering an **event**
- Requesting a **training or consultation**
 - For a list of the trainings that we offer, please contact lshani (they/xe)
 - To request a training from us please click [this link](#)
 - Examples of consultations include (but are not limited to) – looking at your organizational policies and providing feedback on how to better support your LGBTQ+ staff members, working with your organization to make your forms be more inclusive
- **Speaking** at your event

Please note:

- Submitting a request is not a guarantee that we can participate

- There is no cost to have us table, co-host or speak at your event
- Services associated with a cost are trainings, consultations can vary
- Sliding scale is available, accommodations can be made by request

If you are interested in supporting the Pride Center in June, consider donating or volunteering with us. Your donations can go towards providing gender affirming mental health care, affirming garments, community gatherings and more for LGBTQ+ community members in San Mateo County. For more information, [click here](#).

Please submit your request using [this link](#).

Hope to see you during Pride Month!

The Pride Center is scheduled to table at the following events during Pride Month! Come through! Pick up some resources, say hi and come get some of our new swag!

- [Fioli Pride](#) – June 1st and 2nd
- [San Mateo County Fair Family Pride Day](#)- Sunday, June 2 from 9:30am – 8pm
- Pescadero Pride Parade
- [San Mateo County Pride Celebration and 2nd Annual Pride Parade](#)
 - The parade is scheduled to take place on Sat, June 8 from 10:30-11:30 AM, before the Pride celebration in Central Park
 - The Celebration will begin at Central Park from 11am-5pm
 - Information about the parade can be found [here](#)
 - Information about SMC Pride can be found [here](#)
- More Pride Events in San Mateo County coming soon!

Can You Support the Pride Center? We Need Volunteers to help us with:

Volunteer Interest Form: <https://sanmateopride.org/get-involved/volunteer/>

Virtual and onsite volunteer roles with the Pride Center include, but are not limited to:

- Supporting with community events
- Assisting with development goals
- Youth or Older Adult specific programming

- Become a peer group facilitator
- Social media support
- Join or [Community Advisory Board](#)
- We are currently seeking volunteer co-facilitators for our monthly **Gay Men's, Trans* and Queer Women's** peer support groups!

If you're interested in learning more about these or any other opportunities, reach out to Lowellyn (she/they) at Lowellyn.Sunga@sanmateopride.org (preferred) or 650-591-0133 who can help you figure out the best match for a mutually rewarding experience.

Upcoming Programming in May

Give Out Day

Support the San Mateo County Pride Center for GiveOut Day! Campaign ends May 30. Give OUT Day is a fundraising campaign beginning May 1 and culminating on May 30, the only national giving event for the LGBTQ community. Since 2013, Give OUT Day has helped hundreds of LGBTQ nonprofits raise millions of dollars.

<https://www.giveoutday.org/organization/San-Mateo-County-Pride-Center>

FriGay Flicks

FILM: Everything, Everywhere, All at Once (Rated R)

In honor of Asian American and Pacific Islander Heritage Month (AAPI Month), we're watching the fantastical surrealist masterpiece Everything Everywhere All At Once (2022) on **Friday, May 17th at 5:30 PM.**

For a description, trailer and content warnings for the film, use [this link](#). This event is free and open to the public. Light snacks will be provided. Doors open at 5:30 and the movie will start at 6pm. The Pride Center is a sober space. For accessibility information about the Pride Center, see [here](#)

Registration is required. Please register here: tinyurl.com/Frigay2024

June FriGay Flicks

In honor of Pride Month, we're watching the campy comedy *The Birdcage* (1996)! Join us on Friday, June 21st! For more information about this screening, please see [this link](#).

Upcoming Community Trainings in May and June!

Resource Roadmap SMC- A Provider's Guide to Supporting Trans* & Gender Diverse Clients

Are you a service provider who wants to learn how to better support clients who are transgender, non-binary, or gender diverse? Join us for this free and comprehensive capacity-building workshop led by our Center Manager, Alex Lyman-Golding. Together, we will cover relevant tips and strategies to help you and your clients navigate different resources across San Mateo County (housing, health & wellness, employment, legal, social, and more). We will also hold space to discuss ways that we as providers can begin to identify, address, and overcome any judgments and biases we may have that can impact our work with the transgender and gender diverse community. There will be an interactive presentation followed by an in-depth Q&A.

This workshop will be offered twice on **Wednesday, May 22** from 10:00AM-12:00PM and **Wednesday, June 26** from 10:00am-12:00PM. Both workshops contain the same information and will both take place on Zoom. Registration is required!

Please use the links below to register:

Wed, May 22, 10am-12pm (zoom):

<https://tinyurl.com/resource-roadmap-may-2024>

Wed, June 26, 10am-12pm (zoom):

<https://tinyurl.com/resource-roadmap-june-2024>

Have questions that are more specific? **Contact us for consultation services to support you and/or your organization on how to better support trans* and gender diverse individuals.** Whether your questions are regarding policies, reviewing or updating forms, or you're seeking more in-depth support about any of the topics above (i.e., employment, healthcare, etc.) the Pride Center is here for YOU! For consultation inquiries, please contact Alex Lyman – Golding at alex.golding@sanmateopride.org.

Becoming Aware of Our Assumptions - Wednesday May 29th, 6-8pm

The Pride Center is excited to relaunch our popular training, Becoming Aware of our Assumptions: Conversations to Create More Inclusive Spaces. As we prepare for June Pride, this pre-SOGIE/LGBTQ+ 101 curriculum fosters a safe space to help bring awareness to our own implicit biases about the LGBTQ+ community. Supported by Kaiser Permanente, this training will run in a carefully held space, allowing work to begin to unpack our own internalized assumptions by asking ourselves where they come from, and examining their roots. By providing interactive activities, discussion time, and videos, the Pride Center will hold space for healing dialogue to help us all shift our assumptions and biases toward truth. Register for training [here](#).

SOGIE/LGBTQIA+ 101 - Tuesday June 4th, 6-8pm

Join us for a SOGIE (Sexual Orientation and Gender Identity/Expression) training, co-hosted by the San Mateo County Pride Center and Outlet, A Program of Adolescent Counseling Services! In this training we cover the basic terminology for sex, gender identity, gender expression, and sexual orientation through engaging videos, matching games, and polls. We also touch on extended topics like gender-neutral language, pronouns, and cultural humility. After every training, we provide extensive resources either highlighted in or similar to the content in our training. Registration is required – tinyurl.com/smcpcsogieJUNE2024 .

Trans* 101 - Tuesday June 11th, 6-8pm

Already taken a SOGIE 101? Want to learn about relevant and pressing issues the Trans*, Non-Binary and Gender Diverse communities face? This training offers in-

depth conversations on topics such as the inherent gendering of our world, transphobia, and how trans folks are forced to navigate. We conclude this training with actionable tips and tricks on how to be an advocate for the Trans* community.

Register for the training [here](#).

PLEASE NOTE: Trans* 101 training requires a pre-existing understanding of SOGIE identities and issues faced by the LGBTQIA+ community. Attending this training without that knowledge will be confusing and ineffective for your learning. If you have questions, please reach out to ishani.dugar@sanmateopride.org or 650-554-1234 (text ok).

Transcending Through Art: An Expressive Arts Therapy Group for Transgender/Nonbinary/Gender Expansive Teens (Ages 13-17)


Weekly on Tuesdays starting from 5:30pm-7pm onsite at the Pride Center starting June 11.


Embark on a journey of self-discovery and community building designed specifically for transgender, nonbinary, gender fluid, gender non-conforming, gender creative and questioning teens. Our Expressive Arts Therapy Process Group is a safe and welcoming space where creativity becomes a powerful tool for exploring identity, fostering self-expression, and building a supportive community.

What to Expect:


🧠 Creative Exploration of Identity: Dive into the world of art to explore and celebrate your unique identity. Through various creative modalities, discover new dimensions of self-expression and gain insights into your evolving sense of identity.

😊 Processing Emotions Outside the Body: Art provides a medium to externalize and process complex emotions. Engage in therapeutic activities that allow you to express and understand your feelings in a supportive and non-judgmental environment.

 Developing Strategies for Self-Regulation: Learn practical tools for self-regulation and co-regulation, empowering you to navigate the ups and downs of life with resilience and emotional well-being.

 Creating Identity-Affirming Community: Connect with peers who share similar experiences and challenges. Build a community where acceptance, understanding, and celebration of diverse identities flourish.

Why Join:

 Nurturing Joy & Euphoria: This group is not just about healing; it's about fostering joy and euphoria through the transformative power of creative expression. Embrace the freedom to be yourself in a space that celebrates authenticity.

Start Date: This workshop takes place for 8-weeks on Mondays from 4-5:45PM starting on **June 11**

Accessibility: possibility of stairs leading to the therapy room, for full accessibility of the Pride Center, use this link – sanmateopride.org/accessibility

Contact

Info: Jazz.Slavin@sanmateopride.org / jessica.gugg@sanmateopride.org or contact 650-207-9628 (text ok)

Register using this link – <https://tinyurl.com/transcendingThroughArt>

Name and Gender Change Workshop

If you are looking for support in changing your name on your legal documents, join our monthly name and gender marker workshops.

The format of the Name and Gender Change workshop has changed. We are moving from offering this workshop once a month to a twice a month. The Name and Gender Change workshop will now occur on the 2nd and 4th Wednesdays of the month from 6-7:30 PM.

Part 1 will be on the 2nd Wednesday and Part 2 will be on the 4th Wednesday. Part 1 will cover court order forms, filing instructions, and fee waivers. Part 2 will

cover updating social security documents, DMV documents, passports, birth certificates, and other documents.

registration link: <https://tinyurl.com/name-and-gender-change-rsvp>

Please reach out to info@sanmateopride.org or call 650-591-0133 if you have questions.

Additional Events with our partner organizations!

- **2024 May Mental Health Awareness Month Planning Committee**
 - Hosted by [The Office of Diversity and Equity](#)
 - To learn more about Mental Health Awareness month & the free events hosted by the county, use [this link](#)
- **San Mateo County Pride Celebration**
 - Love More in 2024!
 - Pride Celebration 2024 website: <https://www.smpridecelebration.com/>
- **SMC Pride Parade from 10am-11am (Starting at 2nd B Street)**
 - If you are interested in having a contingent in the parade, please visit [this link](#)

Shared by Reverend Terri Echelbarger - LGBTQ+ Youth Summer Camp. (Kayaking, Archery, Nature Walks, etc.)

- June 23-28 Ages 12-17
- It's designed for youth ages 12 –17 a space for LGBTQIA+ Youth to feel safe and free to show up as their full selves. There are scholarship opportunities available.
- Flyer here: [camp at ZP 2024.pdf](#) Please share widely!

Peer Support Groups:

We are currently seeking volunteer co-facilitators for our Gay Men's Group, Queer Women's & Trans* Group. These are all virtual opportunities for

community members 18+. For more information, contact Ishani Dugar (xe/them) or 650-554-1234 (text ok)

- Please note: Most groups are meeting on Zoom, stay tuned for updates.

Peer Support Groups- Upcoming meeting dates

- LGBTQ Parent Group- Monthly on the 1st Tuesday from 7:30-8:30 PM PST
 - Pre-registration link: <https://tinyurl.com/smcpc-parentsgroup>
 - Upcoming dates: June 4, July 2
- LGBTQ Book Club (18+) - Monthly on the 1st Wednesday from 4:30- 6pm PST
 - This group is hybrid- community members have the option of meeting onsite at the pride center or on Zoom!
 - To access a list of books we're reading click [this link](#).
 - Upcoming books:
 - June 6- *Less* by Andrew Sean Greer
 - July 3- *Hijab Butch Blues* by Lamya H
 - August 7 – *Blackouts: A Novel* by Justine Torres
 - Registration is required: tinyurl.com/smcpc-bookclub
- Polyamory Peer Power (18+)- Monthly on the 1st Wednesday from 7-8:30pm PST
 - Registration is required: <https://tinyurl.com/smcpc-polyampower>
 - Upcoming dates: June 5, July 3
- Trans* Group (18+)- Monthly on the 1st Thursday from 6-7:30pm PST
 - Registration is required: <http://tinyurl.com/smcpc-transgroup1>
 - Upcoming meeting dates: June 6, July 4
- Gay Men's Group (18+)- Monthly on the 4th Tuesday from 6-7pm PST
 - Registration is required: <https://tinyurl.com/SMCPC-gaymensgroup>
 - Upcoming dates: May 28, June 25
- Queer Women's Social Group (18+)- Monthly on the 4th Friday from 6-7:30pm PST
 - Registration is required: <https://tinyurl.com/smcpc-queerwomensgroup>
 - Upcoming dates: May 24, June 28

Reminders-

The Pride Center's Year In Review!

To read our year in review its it entirety, click [here](#)

General Pride Center information -

Resources: <https://sanmateopride.org/resources/>

Events: <https://sanmateopride.org/events/>

Peer Support groups: <https://sanmateopride.org/programs/peer-groups/>

Youth Resources: <https://www.acs-teens.org/what-we-do/outlet/>

To: LGBTQ Commission of San Mateo County
From: Tanya Beat, Director
Date: May 21, 2024
Subject: Director's Report

Support for CoastPride

Review template statement and make available to Commissioners

SOGIE 101 Training

Saturday, August 10 from 10:30am – 12:30pm. Community Room at the Redwood Shores Library branch. Registration will be open to San Mateo County Commissioners.

Items for Pride

- Banner to hold in Parade
- Tshirts
- Business cards (quantity of 250 per person)

Vacancies, Elections, and Future Meetings

- Rebecca Carabez's and Youth Commissioners last meeting with us will be June 18th. Please bring food or drink of your choice to celebrate!
- Co-chair elections are June 18th. Send your self-nomination to Tanya.

VISIBILITY PROJECT

- [City Assignments](#)
 - Each Commissioner has 2 cities/regions to serve as an ambassador.
 - At the minimum, we email the requests.
- Requests for commissioners:
 - Pacifica Pride – email Jana Rickerson your availability to join her.
 - Burlingame Flag-raising needs a Commissioner on Monday, June 3 at 10:30am

Support for CoastPride

CoastPride, located in Half Moon Bay, offers a safe space for online and community events to gather the diversity of their voices, raise awareness of LGBTQ (Lesbian, Gay, Bisexual, Transgender, and Queer) issues, and address the needs of LGBTQ youth, families, and adults. They work with existing local civic, governmental, for-profit and nonprofit organizations to enhance services so that they are inclusive of all who play, work, and live on the coastside.

In late February and early March the CoastPride Center in Half Moon Bay was vandalized twice, with their Pride/Progress flag torn down, outdoor sculptures knocked down and covered in mud, and their front window smashed. While the intent of these actions may have been to cause fear and isolation, it will not succeed. Instead, we, the undersigned, courageously rise in solidarity with CoastPride and stand united against hate. We call on the entire community and civic leaders to voice their support for Coast Pride and our LGBTQIA+ neighbors, families and friends loudly and publicly.

We join with CoastPride in condemning these incidents and invite you to join us—LGBTQIA+ individuals and allies working together to make the coastside welcoming and supportive to all, because together we are stronger. Donations to repair the damage, volunteer opportunities, and other ways to support the ongoing mission of CoastPride can be found at coastpride.org.

Undersigned by:

Name

Member of the LGBTQIA+ Commission (or Youth Commission)

More information:

The San Mateo County LGBTQIA+ Commission - <https://www.smcgov.org/lgbtq>

The San Mateo County Youth Commission - <https://www.smcgov.org/ceo/youth-commission>