

HEALTH EQUITY INITIATIVES (HEI'S)

Tia Monique Bell, PsyD, (She/Her)



Culture and Community affect our health:

To build a health care system that values and recognizes our different neighborhoods, languages, schools, and families.













Diversity and Equity Council





THE IMPORTANCE OF THE HEI'S



CA voters approve Prop 63

Prop 63 is enacted into law as MHSA; provides funding to counties for additional personnel and resources.



San Mateo County receives MHSA funding

Funds help support and strengthen existing staff efforts to address racial, ethnic, and cultural disparities.

2007



Latino Collaborative (LC) & PRIDE Initiative

The beginning of both these efforts reflects the County's continued commitment to delivering services that reflect the needs of specific populations and communities.

2008

2004

1998

Cultural Competence Committee established

County staff members meet to discuss issues related to diversity and culture within their clinical work. Committee reflects San Mateo County's commitment to providing culturally appropriate and sensitive services to clients.



2006

Pacific Islander Initiative (PII) and the Filipino Mental **Health Initiative** (FMHI)

Both groups are initially created after a needs assessment in 2005 identified service needs among Pacific Islander and Filipino communities.



African American **Community Initiative** (AACI) & Chinese Health Initiative (CHI)

2007

Both efforts are initially and community members acknowledging a need for providers that reflect and



formed as a result of BHRS service providers understand the communities being served.



Represents county-based initiative

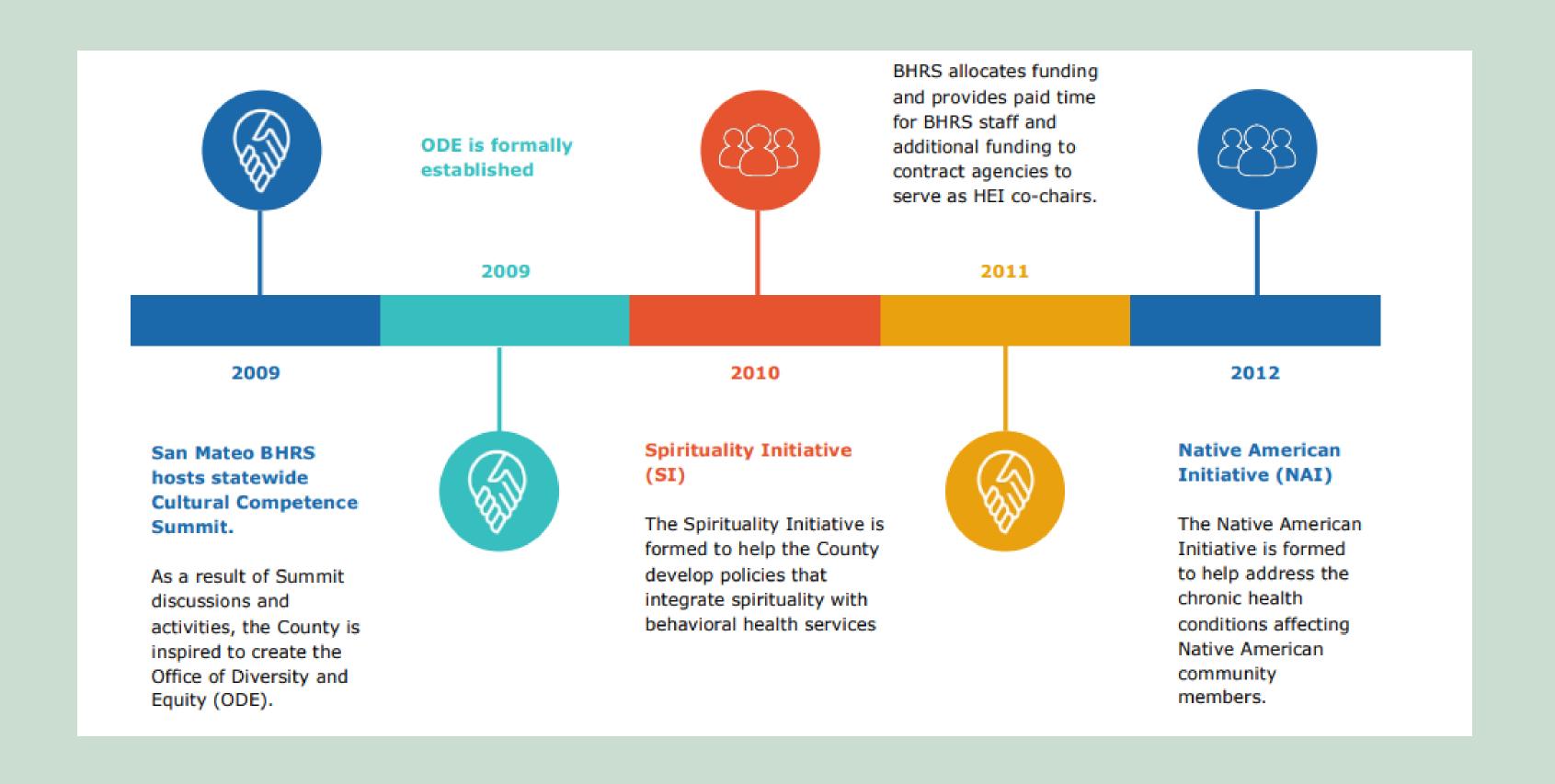


Represents HEI



Represents state-based initiative

Timeline of ODE and the HEI's



ODE THEORY OF CHANGE





Workforce Development & Transformation

BHRS' workforce and service provision is transformed and prioritizes cultural humility, inclusion and equitable quality care



Community Empowerment

Deliberate opportunities exist for individuals with lived experience, families and community members to engage in decisions that impact their lives



Strategic Partnerships

Meaningful partnerships in the community exist to maximize the reach and impact on equitable behavioral health outcomes



Policy & System Change

BHRS influences organizational level policies and institutional changes across San Mateo County agencies to positively impact behavioral health outcomes



MEETS 2ND TUES OF THE MONTH FROM 10:30 A.M. TO 12:00 P.M.

- To remain a known resource for African American Community members facing challenges with finding and utilizing behavioral health services, while addressing inequalities faced by African Americans in our county.
- Our vision is to build a community-driven support system for reducing behavioral health treatment disparities, access to services & behavioral health stigma.





MEETS 1ST FRI OF THE MONTH 1:30-3:00PM

- To help the community learn about different health issues and services that are available, while empowering them to make decisions about their health and the health of their loved ones.
- To advocate for culturally congruent and linguistically appropriate services, while encouraging more people to seek services within their community and prevent disease before it happens.
- To work together with the community to increase outreach and referrals.



DIVERSITY AND EQUITY COUNCIL

MEETS 1ST FRI OF THE
MONTH
1:30-3PM



Provide a platform for HEIs, BHRS staff, and partner agencies to discuss how culture and community impact health through BHRS policies and practices.

It provides:

- space for collaboration and guidance for HEI's,
- a forum for cultural responsiveness from community-based organizations,
- a hub of information and resources for community members committed to advancing equitable behavioral health care.
- policy and system review and support



MEETS 3RD THURS OF EACH MONTH FROM 5:00-6:30PM

- To improve the well-being of Filipinos in San Mateo County by reducing the stigma of behavioral health, increasing access to services, and further empowering the community through outreach and engagement.
- To connect individuals to appropriate health, behavioral health and social services, & ensure culturally appropriate services through provider collaboration.





MEETS 4TH TUES OF EACH MONTH FROM 3:30-5PM

- To promote holistic practices designed to build safe, strong, resilient families in San Mateo County.
- To increase access to stigma-free services and treatment involving mind, spirit and body to all San Mateo County residents, regardless of insurance eligibility.
- To integrate Latino/a/x heritage, culture, spirituality and family values that nurture and strengthen the health of Latino/a/x individuals and families.



Native & Indigenous Peoples Initiative

MEETS 3RD THURS OF EACH MONTH FROM 8:30-10AM





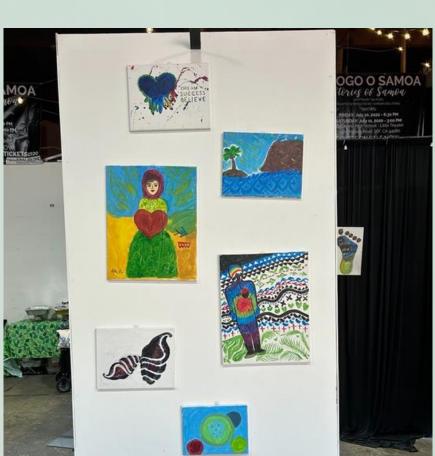
To bring about a comprehensive revival of the Native (American) & Indigenous communities in San Mateo County through awareness, health education, and outreach which honors culturally appropriate traditional Native & Indigenous healing practices.















MEETS 1ST WEDS OF EACH MONTH FROM 6-7:30PM

- To connect families to resources and services they may not know about, but are eligible for.
- To raise awareness in the Pacific Islander community and dispel stigma associated with behavioral health.

MEETS 2ND WED OF EACH MONTH FROM 4:30-6PM

To be an inclusive environment based in equality and parity for lesbian, gay, bisexual, transgender, queer, questioning, intersex, and two-spirit (LGBTQIA+2S) communities of San Mateo County.











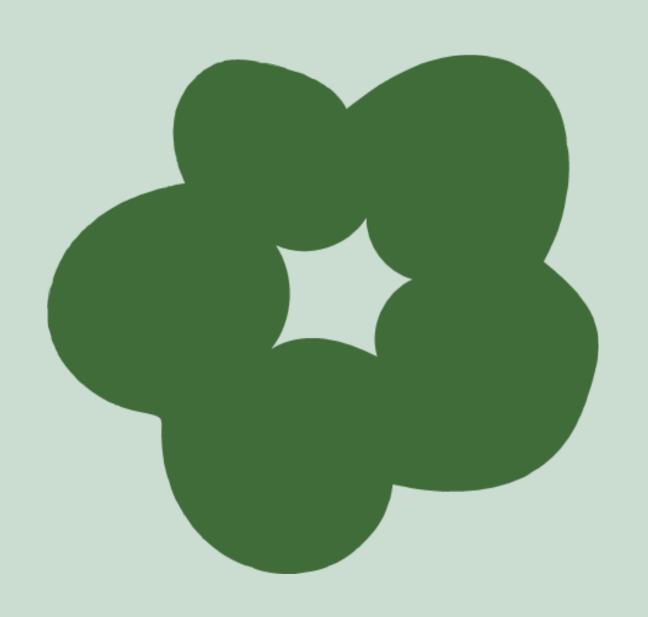
MEETS 2ND TUES OF EACH MONTH FROM 12:30-2PM

To build opportunities for community members, family members, and providers to collaboratively explore, increase awareness of, and support spirituality and its relationship to health and well-being.

WAYSTO GET INVOLVED

• Join the HEI monthly meetings (schedule <u>here</u>)

- Attend upcoming HEI events:
 - Sana Sana Colita de Rana-October 26th (location/time
 TBD)
 - o Day of Prayer-TBD



THANK YOU

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