



# HEALTH EQUITY INITIATIVES (HEI'S)

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**Tia Monique Bell,  
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**SAN MATEO COUNTY HEALTH  
BEHAVIORAL HEALTH  
& RECOVERY SERVICES**

# Culture and Community affect our health:

To build a health care system that values and recognizes our different neighborhoods, languages, schools, and families.

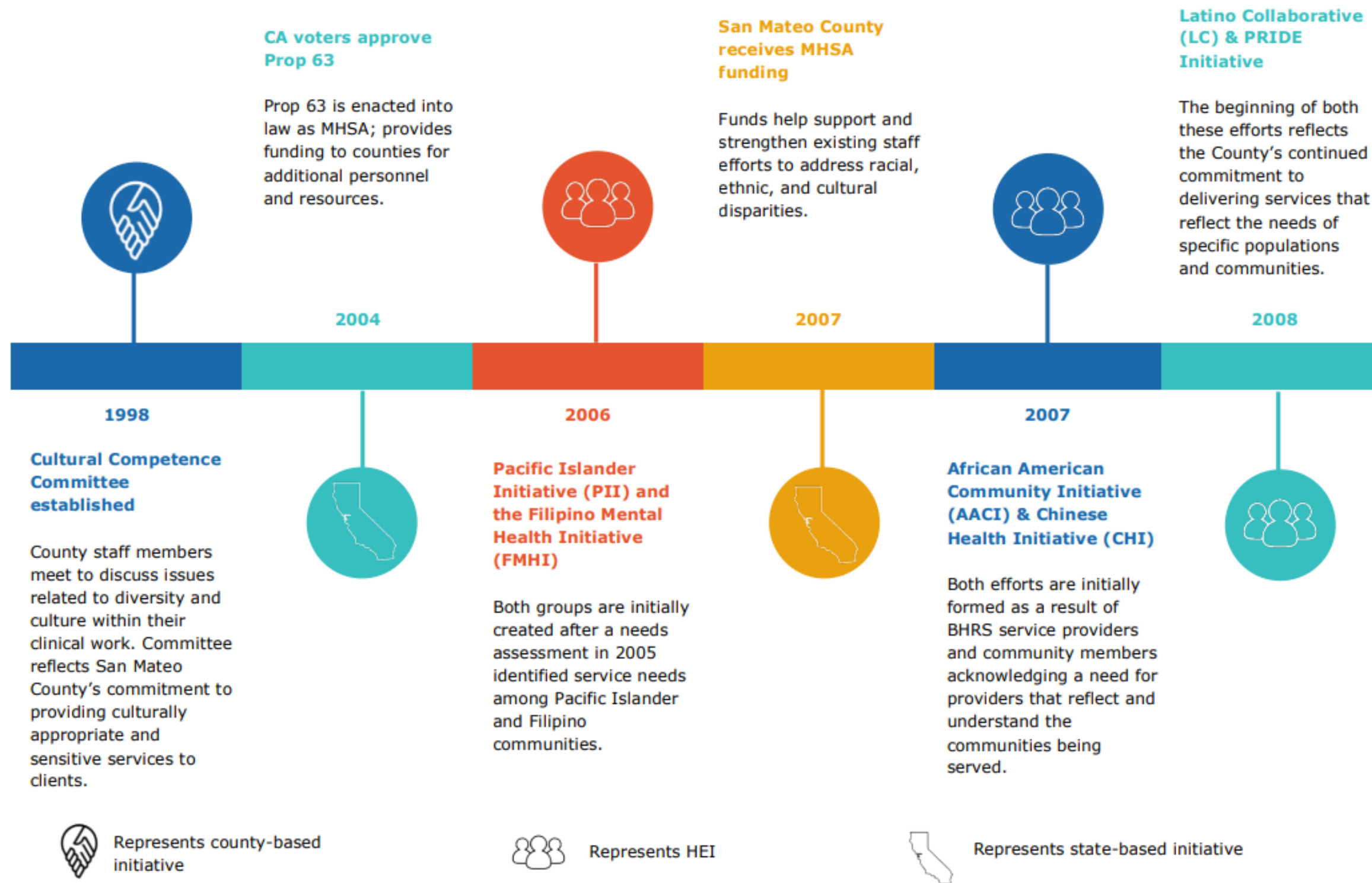
# THE IMPORTANCE OF THE HEI'S

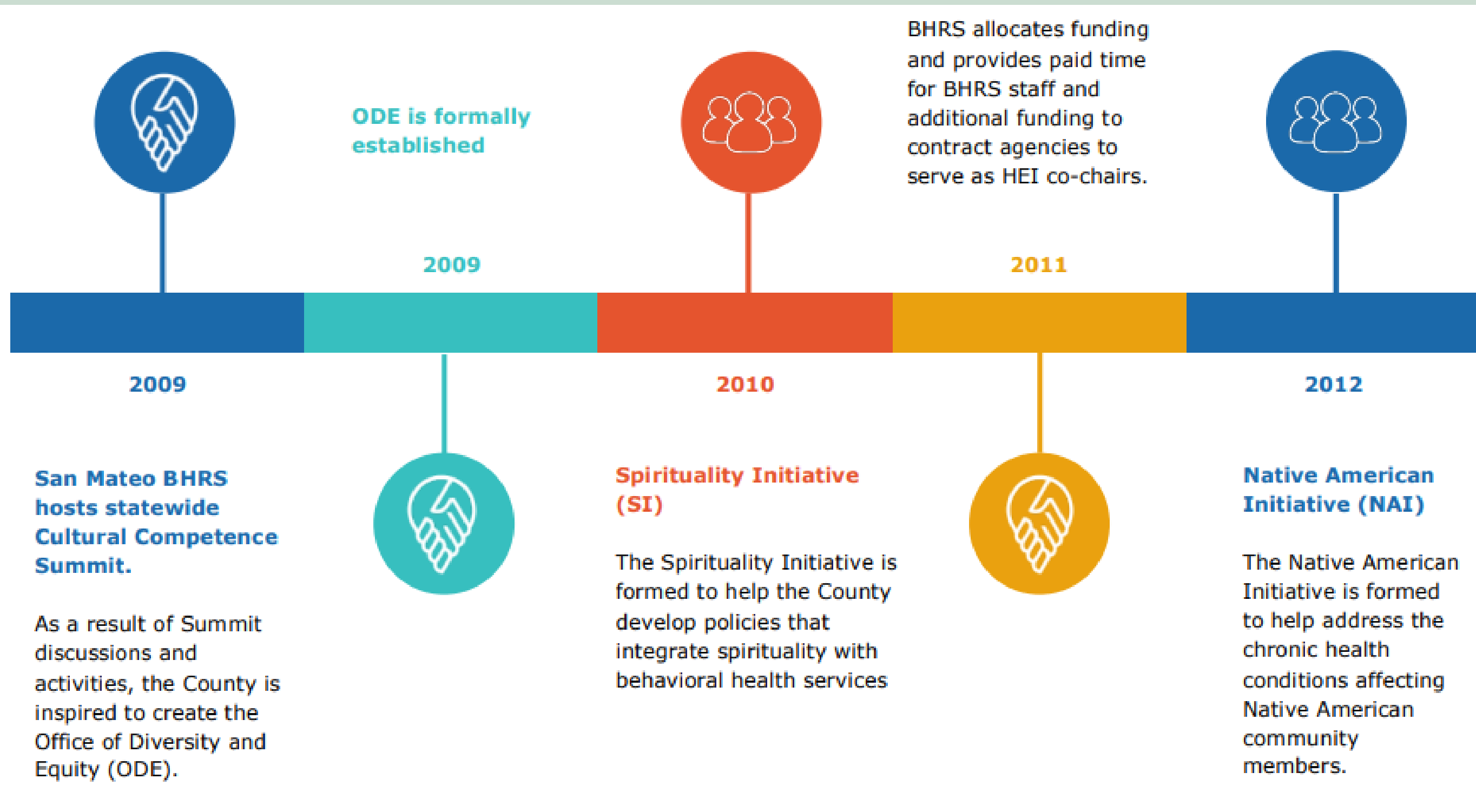


**Diversity and Equity Council**



# Timeline of ODE and the HEI's





# ODE THEORY OF CHANGE

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## **Workforce Development & Transformation**

**BHRS' workforce and service provision is transformed and prioritizes cultural humility, inclusion and equitable quality care**



## **Community Empowerment**

**Deliberate opportunities exist for individuals with lived experience, families and community members to engage in decisions that impact their lives**



## **Strategic Partnerships**

**Meaningful partnerships in the community exist to maximize the reach and impact on equitable behavioral health outcomes**



## **Policy & System Change**

**BHRS influences organizational level policies and institutional changes across San Mateo County agencies to positively impact behavioral health outcomes**



SAN MATEO COUNTY  
AFRICAN  
AMERICAN  
COMMUNITY  
INITIATIVE

**MEETS 2ND TUES  
OF THE MONTH  
FROM 10:30 A.M.  
TO 12:00 P.M.**

- To remain a known resource for African American Community members facing challenges with finding and utilizing behavioral health services, while addressing inequalities faced by African Americans in our county.
- Our vision is to build a community-driven support system for reducing behavioral health treatment disparities, access to services & behavioral health stigma.





**MEETS 1ST FRI OF  
THE MONTH 1:30-  
3:00PM**

- To help the community learn about different health issues and services that are available, while empowering them to make decisions about their health and the health of their loved ones.
- To advocate for culturally congruent and linguistically appropriate services, while encouraging more people to seek services within their community and prevent disease before it happens.
- To work together with the community to increase outreach and referrals.



# DIVERSITY AND EQUITY COUNCIL

MEETS 1ST FRI OF THE  
MONTH  
1:30-3PM



Provide a platform for HEIs, BHRS staff, and partner agencies to discuss how culture and community impact health through BHRS policies and practices.

It provides:

- space for collaboration and guidance for HEI's,
- a forum for cultural responsiveness from community-based organizations,
- a hub of information and resources for community members committed to advancing equitable behavioral health care.
- policy and system review and support





**MEETS 3RD THURS  
OF EACH MONTH  
FROM 5:00-6:30PM**

- To improve the well-being of Filipinos in San Mateo County by reducing the stigma of behavioral health, increasing access to services, and further empowering the community through outreach and engagement.
- To connect individuals to appropriate health, behavioral health and social services, & ensure culturally appropriate services through provider collaboration.





**MEETS 4TH TUES OF  
EACH MONTH FROM  
3:30-5PM**

- To promote holistic practices designed to build safe, strong, resilient families in San Mateo County.
- To increase access to stigma-free services and treatment involving mind, spirit and body to all San Mateo County residents, regardless of insurance eligibility.
- To integrate Latino/a/x heritage, culture, spirituality and family values that nurture and strengthen the health of Latino/a/x individuals and families.



# Native & Indigenous Peoples Initiative

**MEETS 3RD THURS  
OF EACH MONTH  
FROM 8:30-10AM**

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To bring about a comprehensive revival of the Native (American) & Indigenous communities in San Mateo County through awareness, health education, and outreach which honors culturally appropriate traditional Native & Indigenous healing practices.





**MEETS 1ST WEDS OF EACH MONTH FROM 6-7:30PM**



- To connect families to resources and services they may not know about, but are eligible for.
- To raise awareness in the Pacific Islander community and dispel stigma associated with behavioral health.

**MEETS 2ND WED OF  
EACH MONTH FROM 4:30-  
6PM**

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**To be an inclusive  
environment based in  
equality and parity for  
lesbian, gay, bisexual,  
transgender, queer,  
questioning, intersex, and  
two-spirit (LGBTQIA+2S )  
communities of San Mateo  
County.**





**MEETS 2ND TUES OF  
EACH MONTH FROM  
12:30-2PM**

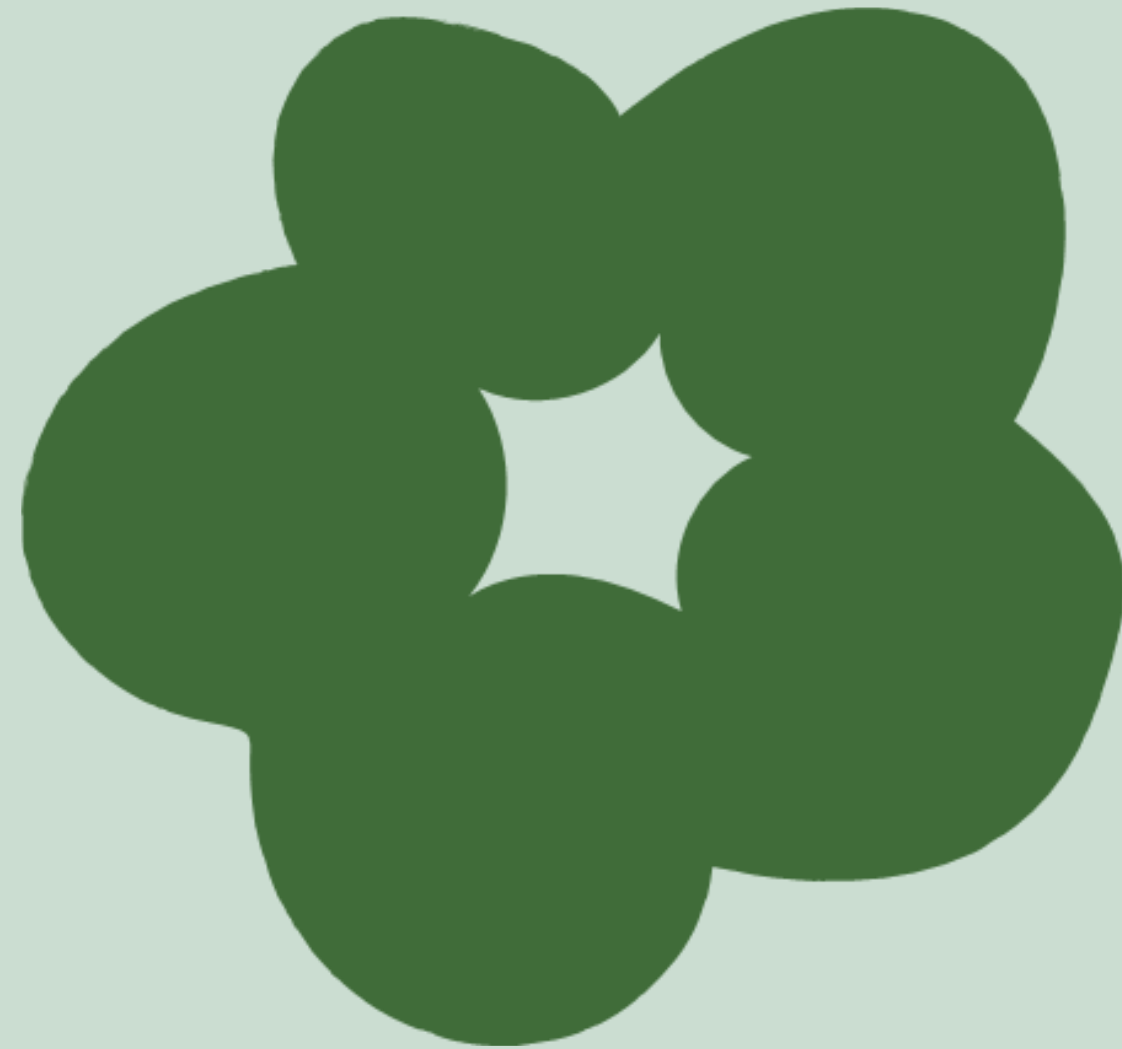
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**To build opportunities for  
community members,  
family members, and  
providers to  
collaboratively explore,  
increase awareness of,  
and support spirituality  
and its relationship to  
health and well-being.**



# WAYS TO GET INVOLVED

- Join the HEI monthly meetings (schedule [here](#))
- Attend upcoming HEI events:
  - **Sana Sana Colita de Rana-**  
October 26th (location/time TBD)
  - **Day of Prayer-TBD**



# **THANK YOU**

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