

Community Wellness Crisis and Response Team



STAR VISTA





About CWCRT

StarVista's Community Wellness and Crisis Response Team (CWCRT) in partnership with San Mateo County Behavioral Health and Recovery Services and several police departments: San Mateo, South San Francisco, Redwood City, San Bruno, East Palo Alto and Unincorporated Redwood City (more cities to come) is designed to improve law enforcement response to community members experiencing mental health crisis.

About Me

- Sarah Naff, LMFT (Licensed Marriage and Family Therapist)
- I grew up in San Mateo County
- I have a background in crisis work/severe mental health:
 - For 5 years, I worked as a crisis clinician and consultant for Uplift/Pacific Clinics in Santa Clara County
 - Completed psychiatric/5150 assessments in the emergency department at Kaiser
 - Worked in an inpatient psychiatric facility

How the Clinician Supports the Sheriff's Department



Mental Health Crisis

- 5150 assessments
- Emotional support
- Connection/referrals to resources and supports
- Clinical interventions
- Mediation
- Follow up

Homelessness

- Connection to resources and supports

Substance Use

- Connections to resources and supports

Cognitive Disorders

- Alzheimer's
- Dementia

Developmental Disorders

- Autism
- Developmental Delays





Resources that Support the Clinician Day to Day

- Police radio
- County car
- Access to mental health electronic records
- Partner with community agencies (CPS/APS, LifeMoves, BHRS ect.)



How to Access A Clinician?

- When calling 911 or the nonemergency number you can request a mental health clinician if available/appropriate and if they are not present you can request a CIT (crisis intervention trained) officer.

My contact information:

- Work cell #: 650-477-7863
- Emails:
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Hours: Tuesday - Friday 9am-7:30pm



22.8% of U.S. adults experienced mental illness in 2021 (57.8 million people). This represents 1 in 5 adults.
5.5% of U.S. adults experienced serious mental illness in 2021 (14.1 million people). This represents 1 in 20 adults.

-NAMI, Mental Health By the Numbers



Comments?
Questions?

Thank you 😊

