

AFG Resources List

Alliance for Girls* is compiling a list of resources for our community of members, partners, girls and gender-expansive youth and their families. We will update the list as more information becomes available. If you have something to add or would like to request resources not currently listed, please let us know. Email kailin@alliance4girls.org.

**"Girls" refers to gender expansive youth (cis girls, trans girls, non-binary youth, gender non-conforming youth, gender queer youth and any girl-identified youth).*

Resources we are looking for include:

- Donating computers and devices for young people (or funding that supports this)
- Funding to help organizations transition to operating and running programs virtually
- Free (or low-cost) curriculum for girls and gender expansive youth
- Emergency hotlines and services
- Organizations/programs who are physically staying open for young people to go to
- Self-care resources

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For Youth, Families & Educators

Talking to Kids/Young People about Coronavirus

- [What Every Kid Needs to Know about the Novel Coronavirus: Webinar](#)
- [Talking to Kids about Coronavirus](#)
- [COVID-19: Tips for Parents](#)
- [Cómo Hablar con los Niños sobre el Coronavirus](#) (en Español)
- [Teens Facing a New Normal](#)

Free Girl-Powered Curriculum & Activities from Members

- The Art of Yoga Project - <http://www.youtube.com/c/theartofyogaproject>
- Blue Stars Admissions Consulting's College Planning Workbook - <http://bluestars.us/college-planning-workbook/>
- Career Girls - <https://www.careergirls.org/>
- Girls Garage - <https://www.instagram.com/girlsgarage>
- Girls Leadership - <https://girlsleadership.org/resources/>
- Girls Leading Girls - <https://girlsleadinggirls.org/virtual-program>
- Girlstart - stemathome.org
- IGNITE - <https://www.ignitenational.org/igniteonline>
https://www.ignitenational.org/empower_your_daughter
- IMPACT Bay Area - <https://www.facebook.com/IMPACTselfdefense/>
- New Moon Girls - <https://newmoongirls.com/free-digital-new-moon-girls-magazine/> (free magazine issue)
- Reel Stories - <https://reel-stories.com/mark-your-calendars/> (weekly schedule - email Anjalie Aurora anjalie@reel-stories.com for Zoom info)
- The Representation Project - <http://therepresentationproject.org/parent-caregiver/>
- Scientific Adventures for Girls - <https://www.scientificadventures.org/> (Sign up for newsletter to receive weekly newsletters containing with a full week of activities)

Other Free Learning Resources

- Amplifier Foundation (sign up form): <https://amplifier97357.activehosted.com/f/13?s=47475b60c6f4aba4f3bb01d3fefe67c3&n1=14&c=38&m=76>
- Dress for Success

- [Online Career Center](#)
- [Going Places Network Job Search Program - Online Classes](#)
- Partner State Parks of Save the Redwoods League: <http://ports.parks.ca.gov/>
- [Playworks' Play-Based Activities](#)
- [Afrocentric Homeschooling in Black Families](#)
- [Virtual Museum Visits](#) (key pieces from the collections of 2,500 museums worldwide, including special online exhibits)
- [Calendar of Virtual Field Trips for Families - March/April 2020](#)
- [Resources for Remote Learning](#) (Emerson Collective)

Resources for Leading Online Trainings & Meetings

- [Training for Change](#) workshops - [Leading Groups Online, a down-and-dirty guide to leading online courses, meetings, trainings, and events during the coronavirus pandemic](#)
- Stanford's [Teach Anywhere](#)
- [ETR's Design 4 Learning](#) - [Recalibrating for a Virtual World](#)
- Eva Jo Meyers (she/her) - evajomeyers@gmail.com, "[10 Tips for Conducting Productive Virtual Meetings](#)"
- [Wide Open School](#) by Common Sense
- SFUSD's [Distance-Learning Webinars](#)
- One Circle Foundation's [Virtual Solutions for Leading Online Circles](#) (AFG Member)
- [How to Avoid Becoming a Victim of 'Zoombombing'](#)
- [Security tips every teacher and professor needs to know about Zoom, right now](#)
- [Zoom Safety Checklist](#)

Addressing Racism

- [Suggestions for educators to combat anti-Asian racism](#)
- Report incidents: [CAA/A3PCON Anti-AAPI Hate Incident tracker](#) - *Available in multiple languages*

School District Resources

- [Oakland Unified School District Resource Guide](#)
- [San Francisco Unified School District Resource Guide](#)
- SFUSD's [Distance-Learning Webinars](#)
- [Santa Clara County Office of Education Resources](#)

For Educators

- Alternative Income for Educators: [Outschool Needs 5,000 Teachers to Start Offering Online Classes in the Next Two Weeks](#)
- [Online learning, curricula from edtech providers](#)

Organizations/Programs that Remain Physically Open for Young People

- [Boys & Girls Clubs of San Francisco](#) - Check out locations & hours [here](#)

- [Planned Parenthood Mar Monte](#) - Call 1-877-855-7526 to learn more about which services are still being provided in person and which have been moved to phone/online.

(Moderated) Virtual Communities/Forums for Girls & Their Champions

- [Shelectricity](#)
- [New Moon Girls](#)
- [Gender Spectrum](#) has various discussion groups to support LGBTQ+ young people, families, and professionals

Specialized Support & Resources

Crisis Support & Intervention

- [Crisis Text Line](#) - Text SHARE to 741741 to reach a crisis counselor, 24/7, for free, confidential support.

Crisis Text Line counselors are available to connect about anxiety related to the novel coronavirus, isolation, students' concerns about school, financial stress, and other concerns.

Resources for Undocumented Californians

- [California Immigrant Youth Justice Alliance Resources](#)

Resources for Survivors

- [National Network to End Domestic Violence Resource List](#)
- Center for Domestic Peace's **24-Hour Hotline: 415-924-6616**
 - For phone appointments for Legal Advocacy Services, call 415-457-2464
 - Therapy and support calls can be set up by calling **415-526-2553** during our normal business hours Monday – Friday 9am – 5pm.
- Futures Without Violence [Information on COVID-19 for Survivors, Communities, and Domestic Violence/Sexual Assault \(DV/SA\) Programs](#)

Resources for Young Parents

- Planned Parenthood Mar Monte - In addition to providing birth control, abortion, and STD care, they are also providing support through their Santa Clara County young parents program (<http://www.ppmarmonte.org/teen-parents>). Services include safe drop-off of emergency diapers, formula and baby wipes.

Resources Regarding Legal Representation

- [Common Q&A About Legal Representation & COVID-19](#) (Justice At Last)

Resources for Trans or Non-Binary Youth

- [Gender Spectrum](#) has various discussion groups to support LGBTQ+ young people, families, and professionals

- [The Validation Station](#) sends a free daily text of validation and affirmation, from non-binary radio presenter Jacob Edward, queer, trans woman Kes and Grace Hayhurst
- [Transgender Law Center's COVID-19 Resources](#)

Wellness & Self-Care

Mental Health

- [Managing OCD about Coronavirus](#)
- [Navigating Coronavirus Anxiety](#)
- [Managing Anxiety and Stress Related to the Coronavirus](#)
- [Avoiding Misinformation on COVID-19](#)
- [Maneje la Ansiedad y el Estrés](#) (en Español)
- [A Daily Story to Lift Your Spirits](#)
- Emerson Collective's [Resources for Wellness](#)

Self-Care and Movement-Based Activities

- [Lunch Time Dance Party w/ Rena Marie Guidry](#) (AFG member)
- The Art of Yoga Project's [Trauma-Informed Yoga Classes](#) (AFG member)
- [Meditations for Focus, Stress, Sleep—and Even Handwashing](#) - Headspace app offering a free set of meditation, sleep, and movement exercises, “Weathering the Storm,” a free suite of tools and guided meditations for business and employees, and free Headspace Plus accounts for providers who work in public health settings
- [Dance Classes at Home with ODC](#) or follow along with a [Fusion Light class](#) from Rhythm & Motion
- [Exercising during a Pandemic](#) (*The Atlantic*)
- [Genesis Healing Institute](#) - weekly community healing space every Thursday evening at 6 pm via Zoom

For Organizations/Agencies

Funding for Nonprofits

- [Candid's Aggregate List of funds for nonprofits re: coronavirus relief](#) (national)
- [San Francisco Foundation COVID-19 Emergency Response Fund](#)
- [COVID-19 Coronavirus Regional Response Fund](#) (SFF & Silicon Valley Community Foundation)
- The Community Foundation of Santa Cruz County currently has a [COVID-19 Local Response Fund](#)
- The Community Foundation for Monterey County and the Monterey Peninsula Foundation have spearheaded a [COVID-19 Relief Fund](#)
- United Way California has developed a statewide [COVID-19 Relief Fund](#)
- The East Bay Community Foundation's [COVID-19: A Just East Bay Response Fund](#)
- For grantee partners of the Women's Foundation of California, the [Community Power Fund](#)

- The Latino Community Foundation has established the Love Not Fear Fund to support Latinx-led organizations

Small Business Loans / Paycheck Protection Program

- From CalNonprofits' list of resources:
 - [US Small Business Administration Disaster Loan Assistance](#) – low-interest, long-repayment loans of up to \$2 million to pay fixed debts, payroll, accounts payable and other bills that can't be paid because of the disaster's impact (nonprofits of all sizes are eligible).
 - [California Small Business Loan Guarantee Program & Disaster Relief Loan Guarantee Program](#) (nonprofits are eligible)
 - If you need help understanding these programs or completing the forms, schedule a [FREE 1:1 consultation with Jitasa's Special Task Force](#) (Jitasa is an accounting firm that helps nonprofits with their bookkeeping, tax filings, and other services.)
 - [12 month average Payment Protection Program calculator](#) for Nonprofits (from Jitasa)
 - [Seasonal average Payment Protection Program calculator](#) for Nonprofits (from Jitasa)
 - [Helpful chart of loans available to nonprofits](#) (National Council of Nonprofits)
 - Great checklist [for nonprofits on emergency loans](#) and the eligibility criteria, costs, and details for each (U.S. Chamber of Commerce)
 - [Frequently updated compilation of COVID-19 fundraising advice](#)
 - [COVID-19 Emergency Funding and Artist Resources](#)
 - [National, state and regional community foundation relief funds](#) (click on "Response Funds")
- Local COVID-19 emergency relief funds
 - [City of Oakland](#)
 - [City of Sacramento](#)
 - [City of Berkeley](#)
 - [City of San Francisco](#)

Fundraising Tips/Resources

- [Coronavirus And Your 2020 Fundraising Goals: What Nonprofits Need To Know](#)
- [Virtual Reality: Making An Online Fundraiser Connect With Donors](#)
- [Article on Fundraising Events and Public Health](#)
- [How to Reach Your Donors and Volunteers](#)
- [COVID-19 Resources for California's Nonprofits](#)

Engaging Volunteers

- [VolunteerMatch's Learning Center](#) offers free webinars

Operations/Planning Resources

- [Crisis Planning Checklist](#)
- [Business Continuity and Disaster Recovery Plan Template](#)
- [Nonprofit guide to COVID planning](#)
- [Nonprofit Resources for Remote Work During the COVID-19 Outbreak](#)
- [10 Ways Inclusive Leaders Can Mitigate Bias When Communicating About Coronavirus](#)

Advocacy

Calls to Action / Advocacy Campaigns

- Support the [Emergency Money for the People](#) with Economic Security Project Guarantee immediate payments of \$2,000 for each person for families earning up to \$100,000.
 - If you're an individual, [sign the petition](#) and [contact your legislators](#)
 - For more info: haleema@alliance4girls.org
- **A Call for Global Racial Solidarity Under COVID-19 Pandemic** by AAPI Women Lead, Revolve Impact, and Athletes for Impact
 - We co-created a global campaign for racial solidarity. It's a social media campaign with more stages to come.
 - Check out the [Solidarity Letter](#) and sign on [here](#).
 - Create a video response to help resist the violence that our communities are experiencing. → [Send video here](#)
- **Letter to the City of San Francisco to Demand Support for Justice and Systems-Involved Young People** by The Young Women's Freedom Center
 - YWFC has drafted a demand letter with particular asks regarding bringing youth home currently in detention, establishing a no-arrest order for non-violent and survival violations, and ensure that young parents have the support needed to care and educate their children.
 - Check out and sign on to the [Demand Letter](#)
- [Sign on to request nonprofit-specific support from state government](#) (CalNonprofits) - CalNonprofits sent the letter on Friday, March 20th to California state government agencies, including the Governor's office. They are continuing to advocate across the state and nonprofits can still sign on.

Other Resources

Additional Resources, Referrals, & Directories

- [2-1-1 Bay Area](#) - A program of United Way, calling 211 connects callers in San Francisco, San Mateo, Napa, Marin, Santa Clara, and Solano counties with local community services, such as food, shelter, counseling, employment assistance, quality child care, senior services, and more Available 24/7 and in 150 languages. Confidential.
- Volunteer to Support Others - consider [training as a crisis counselor](#) for Crisis Text Line

- Find food assistance, help paying bills, and other free or reduced cost programs that help people affected by the COVID-19 pandemic: <https://findhelp.org/> (national directory)
- The California Department of Employment Development ([EDD](#)) has programs to provide financial assistance to workers who have lost employment, are experiencing illness, or are caring for a sick family member. The Governor's Executive Order waived the one week waiting period. [Learn more and submit a claim for lost wages. En Español.](#)
- On March 17, Governor Newsom issued an [executive order](#) that “authorizes local governments to halt evictions for renters and homeowners, slows foreclosures, and protects against utility shutoffs for Californians affected by COVID-19.” The following cities have passed moratoriums on evictions: Los Angeles, San Jose, San Francisco, Santa Monica, and Alameda County.
- Comcast offering free wi-fi for two months to new customers: <https://corporate.comcast.com/covid-19>
- Santa Clara County Funds for Low Income Families: <https://sacredheartcs.org/covid19/>

Comprehensive Resource Lists, including Mutual Aid Funds & Relief Funds

- [COVID-19 Resource List Initiated by Asian Americans for Civil Rights and Equality \(AACRE\)](#) - Bay Area, CA focused
- [COVID-19 Resources for California's Nonprofits](#)
- [Coronavirus Resource Kit](#) (features resources from disabled, queer, elderly, Asian, and indigenous people)
- [COVID-19 Mutual Aid & Advocacy](#)
- [Tips for Collective Care & Mutual Aid \(incl. Disability Justice Focus\)](#)