## PREDESIGNATION OF PERSONAL PHYSICIAN

In the event you sustain an injury or illness related to your employment, you may be treated for such injury or illness by your personal medical doctor (M.D.), doctor of osteopathic medicine (D.O.) or medical group if:

- on the date of your work injury you have health care coverage for injuries or illnesses that are not work related;
- the doctor is your regular physician, who shall be either a physician who has limited his or her practice of
  medicine to general practice or who is a board-certified or board-eligible internist, pediatrician, obstetriciangynecologist, or family practitioner, and has previously directed your medical treatment, and retains your
  medical records;
- your "personal physician" may be a medical group if it is a single corporation or partnership composed of licensed doctors of medicine or osteopathy, which operates an integrated multispecialty medical group providing comprehensive medical services predominantly for nonoccupational illnesses and injuries;
- prior to the injury your doctor agrees to treat you for work injuries or illnesses;
- prior to the injury you provided your employer the following in writing: (1) notice that you want your personal doctor to treat you for a work-related injury or illness, and (2) your personal doctor's name and business address.

You may use this form to notify your employer if you wish to have your personal medical doctor or a doctor of osteopathic medicine treat you for a work-related injury or illness and the above requirements are met.

County of Sa	in Mateo Employe	e: Complete and sign th	is section.		
Employee Nam	ne (please print):				
Employee's Ad	dress:				
Choose one:	☐ I acknowledge I	I acknowledge I have read the above and at this time I choose not to predesignate a Personal Physician			
	☐ I acknowledge I have read the above and if I have a work-related injury or illness, I choose to be treated by:				
	Name of Doctor	:(M.D., D.O., or Medica	l Group)		
	Address:	Street Address	City, State	ZIP	
	Telephone num	ber:			
	Name of Insurar	nce Company, Plan, or Fund p	roviding health coverage for nonoccu	pational injuries or illnesses:	
Employee's Signature:		Date:			
Physician: I a	agree to this Prede	esignation:			
Signature:(Physician or Designated Employee of the Physician or Medical Gro					
The physician is	s not required to sign t	his form, however, if the phy	sician or designated employee of the	physician or medical group	

does not sign, other documentation of the physician's agreement to be predesignated will be required pursuant to Title 8, California

Authority: Sections 133, 4603.5 and 5307.5, Labor Code.

Reference: Section 4600, Labor Code.

Code of Regulations, section 9780.1(a)(3).