How to View Your Total Health Assessment Completion Certificate
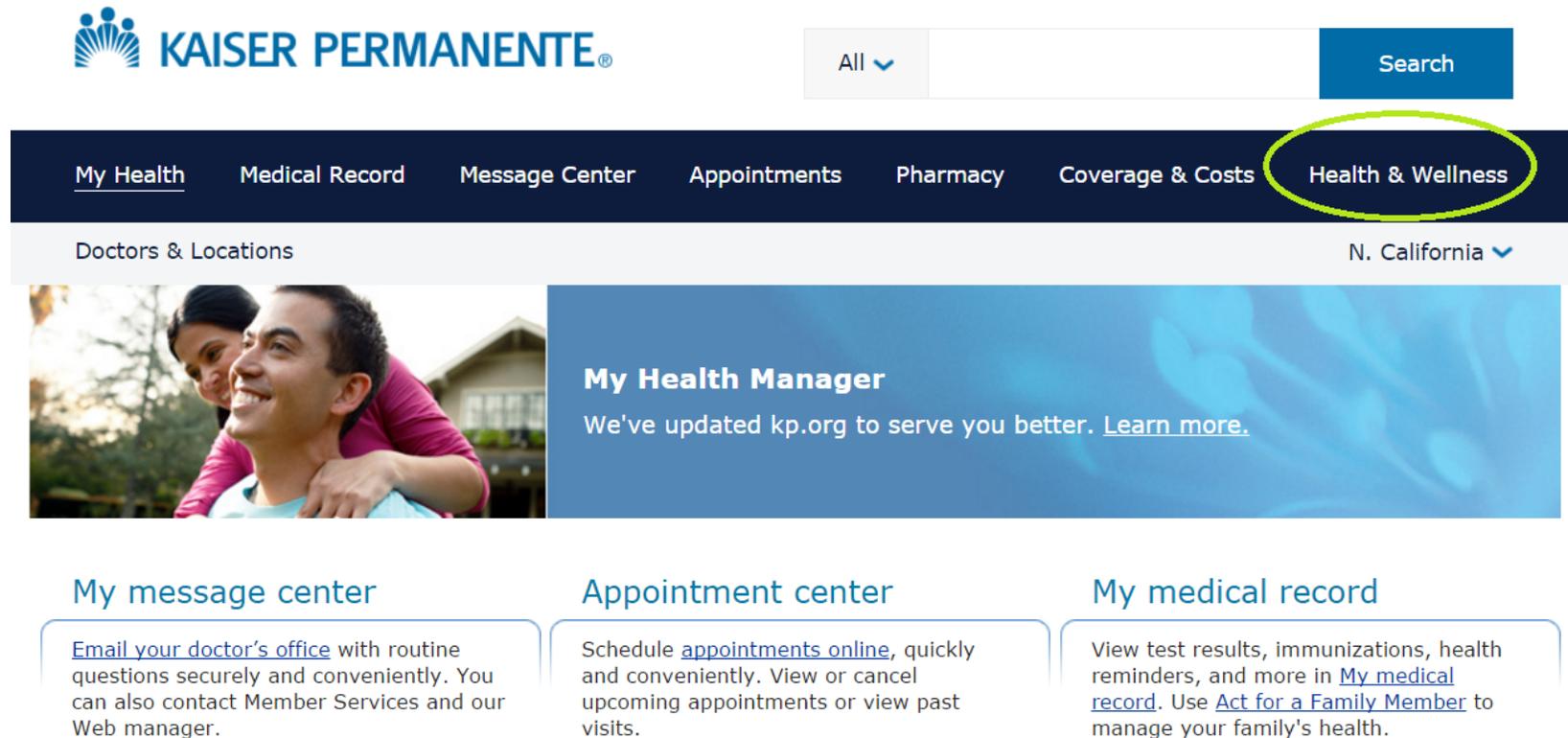
1) Log in to **kp.org**
2) Click **"Health & Wellness"**

3) Click **"Programs and classes"**

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Health And Wellness

Live healthy

One site says you need to drink more water. Another says you don't. Why click around? Get physician-reviewed health information and online tools right here.

Conditions and diseases

Not feeling like yourself? Learn about common conditions in our health guides, use our symptom checker, or explore our health encyclopedia.

Drugs and natural medicines

Get the facts on the prescriptions in your medicine chest and the vitamins in your kitchen with our drug and natural medicine resources.

Programs and classes

The advantages of being a Kaiser Permanente member start now. Get online programs, special rates, wellness coaching, and classes to help you live healthier.

4) Click **"Take a Total Health Assessment"**

4) Click **"Start a Total Health Assessment"**

4) Retake the THA or access your current THA program
To view your current certificate, click "Continue" to access current program

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You can retake Total Health Assessment!

Since you've last taken Total Health Assessment, some things in your overall health may have changed. What's great is that you are eligible to take Total Health Assessment again. You'll be able to give us an update, and we'll have a clear sense of how you are doing today.

After you complete your Total Health Assessment questionnaire, you'll receive a new Total Health Assessment plan. We'll keep the last version of your Total Health Assessment plan in case you want to have a look at it again.

To retake Total Health Assessment, choose the button below

To access your current Total Health Assessment program, choose the button below

Retake Total Health Assessment

Continue

5) Find the "**trophy**" icon on the top right side of the screen

6) Click on **"My Achievements"**

7) Choose the certificate that you want **to view, save or print**